

Random SOUND ACTIONS as we listened to each other

01. Make a sound while holding your breath for as long as you can.
02. Describe an inspiring event while moving about the room.
03. Close your eyes, then chase and trap a fly.
04. Beat two different rhythms at the same time.
05. Breathe slowly, then fast, then slow again.
06. Repeat the sounds I make as closely as you can.
07. Give me a loud pretend slap in the face.
08. Tell me a one minute story and leave it incomplete.
09. You are the north wind, blow the waves away.
10. You are the south wind, blow the sands away.
11. Pretend you are cold and let your body shiver and shake.
12. That dream you remember, tell it to me backwards.
13. Whistle the name of your best friend.
14. Try to become a ventriloquist for one of your body parts.
15. Let us speak non-sense language to each other for a few minutes.
16. Voice out loud my lip movements.
17. Try to reproduce a sound that makes you feel at home.
18. Try to reproduce a sound that makes you feel lost.
19. Try to reproduce the sound of a beginning.
20. Try to reproduce the sound of an ending.
21. Can you make a sound upside-down?
22. Describe your own mouth as a landscape.
23. Describe the most quiet sound you can hear right now.
24. Describe the loudest sound you can hear right now.
25. We compose an imaginary collision sound together.
26. We improvise together, beating a rhythm on the walls.
27. Standing back to back, we tune our voices until no difference can be heard.
28. Recall the memory of a taste and turn it into a sound.

SOUND PORTRAIT SESSIONS

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|---------|------------------------|---------|------------------------|
| 1 | Ingrid V. (6min22sec) | 5 | Johanne A. (6min21sec) |
| 2 | Kamilla A. (6min21sec) | 6 | Cecilie O. (6min38sec) |
| 3 | Peter V. (6min35sec) | 7 | Louisa Y. (6min12sec) |
| 4 | Lucía M. (6min14sec) | | |